

BENCHES AND MULTIFUNCTIONAL BENCHES

LP	ITEM.NO	EAN	NAME	QTY	CUR	PRICE	IMAGE	SPECIFICATION
1	17-53-002	5907695596540	L8012 EXERCISE BENCH HMS PREMIUM	0	EUR	65.62		Material: steel, foam, wood, PVC Dimensions: Length: 118 cm Width: 64.5 cm Height: 42 cm Backrest: Length: 110 cm Width: 26.5 cm Thickness: 6 cm Product weight: 11.5 kg Maximal load (with user): 200 kg
2	17-53-003	5907695596748	L8022 EXERCISE BENCH HMS PREMIUM	143	EUR	111.9		Material: steel, foam, wood, PVC Dimensions: Length: 140 cm Width: 44.5 cm Height: 88 - 100 cm Backrest: Length: 107 cm Width: 38 cm Thickness: 5 cm, 7 cm max. Adjustments: Backrest: 5 levels Leg holder incline: 4 levels Leg holder height: 3 levels Leg holder length: 3 levels Two resistance bands in the set Maximal load (with user): 270 kg




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3	17-53-004	5907695596762	L8021 EXCERCISE BENCH HMS	1	EUR	63.74		Product dimensions: length: 138cm height: 81cm width: – 58cm Maximum weights: 150kg Size when folded: 76 x 31 x 31 cm
4	17-53-007	5907695596939	LS1203 BARBELL BENCH HMS	73	EUR	56.22		Material: steel, wood, foam Dimensions when unfolded: Length: 125 cm Width: 42.5 cm Height: 53 – 118 cm Dimensions when folded: Length: 89.5 cm Width: 42.5 cm Height: 25.5 cm Backrest: Length: 76 cm Width: 29.5 cm Thickness: 4.5 cm Seat: Length: 30.5 cm Width: 29.5 cm Thickness: 4.5 cm 7-step backrest angle adjustment Resistance bands included Maximum load (with user): 200 KG



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5	17-53-008	5907695596946	L1110 EXCERCISE BENCH HMS	77	EUR	46.82	 <p>Material: steel, wood, foam Dimensions: Length: 140 cm Width: 50 cm Height: 52 – 69 cm Backrest: Length: 92 cm Width: 30 cm Thickness: 4 cm Head rest: Length: 14.5 cm Width: 30 cm Thickness: 4 cm Inclination adjustment levels: 5 Resistance bands included Maximum load (with user): 200 KG</p>
6	17-53-011	5907695553246	L8008 UPRIGHT EXERCISE BENCH COMMERCIAL HMS	16	EUR	243.5	 <p>Bench: Length: 124 cm Width: 76 cm Height: 82 cm Back rest: Length: 44 cm Width at narrowest point: 24 cm Seat: Length: 33.5 cm Width at narrowest point: 15 cm Transport wheels: yes Leg steps: Length: 20 cm Diameter: 4 cm Maximum user weight: 250 kg Weight: 25 kg</p>


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7	17-53-012	5907695553253	L8009 ADJUSTABLE EXERCISE BENCH SEMI COMMERCIAL HMS	17	EUR	319.5	 <p> Length: 123 cm Width: 51 cm Height: 38 cm Maximum height: 134 cm Backrest: 26 x 86 cm Transport wheels: yes Anti-slip feet: yes Bench lifting handle: yes 6-step backrest adjustment 2-stage seat adjustment Maximum load: 350 kg Material: chrome steel + PU leather + EPE Weight: 38 kg </p>
8	17-53-200	5907695590708	L8320 BARBELL BENCH HMS	0	EUR	111.9	 <p> Multifunctional, to exercise all body parts Folding possibility Non slip grips Very stable Backrest adjustment (4 levels) Dimensions (unfolded): length: 155 cm width: 44 cm height: 130 cm Backrest: length: 71 cm width: 31 cm Seat dimensions: length: 31 cm width: 30 cm Weight: 12,4 kg </p>
9	17-53-202	5907695527940	L8015 MULTIFUNCTIONAL BENCH HMS	0	EUR	83.67	 <p> Product weight: 17kg Max load: 180kg Dimensions: Length: 128cm Width: 52 cm Height: 47 - 115 cm Seat dimensions: 30x38x6cm Backrest dimensions: 76x30x6cm Adjustment range: Seat: 0/20/45° Backrest: 0/10/20/28/35/45/50/60/70/80/90° </p>


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10	17-53-302	5907695529258	LS3050 BARBELL BENCH	31	EUR	187.8	 <p> Dimensions: 1830x690x850mm Main frame: 40x80x2,0mm Adjustment range of the bench backrest: From angle 90 ° every 6 cm Backrest dimensions: 750x300 mm Seat dimensions: 370x410 mm Dimensions of the preacher curl pad's: 510x300 mm Adjustment range of the preacher curl pad (3 levels every 7 cm): 89-103 cm Product weight: 35,5 kg Maximum permissible load (including user weight): 270 kg Maximum permissible load on the leg stand: 45 kg Maximum user's body weight: 135 kg Material: Upholstery: faux leather </p>
11	17-53-400	5907695502862	LS3859 BARBELL BENCH HMS	0	EUR	187.8	 <p> Dimensions (when unfolded) length: 164 cm width: 110 cm height: 165 cm Maximum load: 270 kg Diameter of load pin: 25 mm Diameter of load pin with sleeve: 50 mm Product weight: 40.50 kg Packet dimensions: 129 x 57 x 21.5 cm </p>



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12	17-53-402	5907695596533	LS3061 BARBELL BENCH HMS PREMIUM	160	EUR	131.4	 <p>Material: steel, foam, wood, PVC Dimensions: Length: 165 cm Width: 56 cm Height: 78,5 - 122 cm Backrest: Length: 75 cm Width: 33.5 cm Thickness: 6.5 cm Seat: Length: 36.5 cm Width: 32.5 cm Thickness: 6.5 cm Preacher: Length: 28 cm Width: 41 cm Thickness: 5.5 cm Height: 85 – 97 cm Load sleeve: Length: 18 cm Diameter: 25 mm Adjustments: Backrest: 6 levels + total slant Seat: 3 levels Preacher: 4 levels, every 4 cm Profile Size: 50 x 50 mm Thickness: 1.3 mm Maximum load (with user): 270 KG Maximum load on the legs: 180 KG</p>
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13	17-53-404	5907695596700	LS7206 BARBELL BENCH HMS	14	EUR	281.9	 <p>Specifications:</p> <p>Solid steel construction Profiles 7.5 cm thick Comfortable, eco-leather-covered seat Comfortable leg press covered with thick foam Leg press Anti-slip handles 15 cm wide foam pads for the leg press 23 cm plate holder Rack spacing: 93 cm Dimensions (unfolded): Length: 198 cm Width: 109 cm Height (without upper pulley): 138 cm Height (with upper pulley): 190 cm Seat dimensions: Length: 37.5 cm Width: 29.5 cm Backrest dimensions: Length: 75 cm Width: 29 cm Preacher pad dimensions: Length: 48 cm Width: 33 cm Upper pulley dimensions: Height: 135 cm Bar width: 97 cm Handle width: 12 cm Handle diameter: 3 cm Maximum product load: 200 kg</p> <p>Features:</p> <p>4-step adjustment of the backrest incline angle: -10 to 40 degrees 3-step adjustment of the seat angle: 0-40 degrees 4-step adjustment of the rack height for the barbell (with clamps) 4-step adjustment of the preacher pad</p>
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14	17-53-700	5907695538519	LR8310 ROME BENCH HMS	70	EUR	84.43	 <p>Material: steel, PU foam Dimensions: Length: 93 – 121 cm Width: 76.5 cm Height: 55 – 130,5 cm Dimensions when folded (standing position): Length: 26 cm Width: 76.5 cm Height: 120 cm 7 steps backrest adjustment (every 6 cm) 4-step incline Dimensions of the backrest One part – 16.5 x 26.5 x 4.9 cm Total dimensions: 38 x 26.5 x 4.9 cm Dimensions of the feet supports: 13.5 x 13.5 x 0.9 cm Length of the feet sponge: 12.5 cm Max weight of the user: 150 kg</p>
15	17-53-701	5907695596557	LSR8311 ROME BENCH HMS PREMIUM	11	EUR	103.2	 <p>Material: steel, foam, wood, PVC Dimensions: Length: 146 cm Width: 64 cm, 43 cm – without the push-ups handle Height: 49 - 85 cm Backrest: Length: 98.5 cm Width: 32.5 cm Thickness: 5 cm Thigh support: Length: 29.5 cm Width: 16 cm (one element), total width 36 cm Thickness: 5 cm Height: 73,5 – 88,5 cm Leg holder length: 36 cm Push-ups handle Total length: 64 cm Length of the handle: 12 cm Diameter of the handle: 31 mm Adjustments: Backrest: 3 levels Thigh support: 7 levels, every 2.5 cm Leg Holder: 4 levels Maximal user weight: Roman bench: 180 kg Flat bench: 160 kg</p>


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16	17-53-801	5907695596199	LSS01 Sissy Squat Bench HMS	0	EUR	93.83	 <p>Material: steel, PP, wood Dimensions: Length: 100 cm Width: 60 cm Height: 52 cm Calf support: 21 x 46 cm Backrest adjustment: 44 – 52 cm Base dimensions: Length: 30 cm Width: 45 cm Push-up supports: Span of the handles: 39 cm Length of the handle: 11 cm Diameter of the handle: 30 mm</p>
17	17-53-512	5907695596786	PWS08 Multifunctional Rack HMS	50	EUR	150.2	 <p>Specification: </p><p>Product dimensions: </p> Length: 127cm Height: 204,5cm Width: 150cm Dimensions of the pull-up bar Width: 96cm Diameter: 3cm Handle length: 15cm Dimensions of the handrails Handle length: 15cm Spacing of the handrails: 57cm to 77cm Number of handles: 4 Additional dimensions Length of the plate holder: 16cm Frame spacing: 117cm Frame spacing: 117cm</p>


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18	17-53-513	5907695553208	PWS20 MULTIFUNCTIONAL RACK HMS	6	EUR	272.6	 <p> Height: 211 cm Depth: 109 cm Width: 111 cm Frame: 6x6 cm Hole diameter: 3 cm Regulation: 16-step (from 53.5 cm to 173 cm) 6-stage (from 53.5 cm to 93 cm) Rod Length: 96 cm Diameter: 3.2 cm Load bars Length: 19 cm Diameter: 2.5 cm Barbell holders Length: 12.3 cm Diameter: 2.8 cm Safety profiles Length: 44 cm Diameter: 2.5 cm Anti-slip feet: yes Maximum load: 200 kg </p>
19	17-53-501	5907695538533	PWL8306 MULTIFUNCTIONAL PULL UP HMS PREMIUM	23	EUR	65.62	 <p> Material: steel, PU foam Dimensions: Length: 88 cm Width: 66.5 cm Height: 107 cm Span of the handles: Top handles: 63 cm Lower handles: 61 cm Length of the handle: Top handles: 14.5 cm Lower handles: 11 cm Diameter of the handle: Top handles: 44 mm Lower handles: 31 mm Section of the frame (rectangular) 70 x 30 mm Section of the frame (round): 30 mm Steel thickness: 1.2 mm Maximal load: 150 kg </p>


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20	17-53-508	5907695596205	PWL8324 MULTIFUNCTIONAL PULL UP HMS	134	EUR	150.2	 <p> Material Steel, EVA, PP, wood Dimensions: Length: 172 cm, with the bench folded 114 cm Width: 95 cm Height: 236 cm Dimensions of the bar: Width: 95 cm Diameter of the handle: 33 mm Length of the handle: 11 cm Span of the handles: 74.5 cm Height adjustment: 200 – 236 cm, 7 levels every 6 cm Dimensions of the rails: Length of the entire rail: 61 cm Distance between rails: 54.5 cm Distance between armrests: 45.5 cm (inside edge to edge) Height of armrests: 126 cm Dimensions of the armrests: 23.5 x 13.5 x 4 cm Diameter of the handle: 33 mm Length of the handle: 11 cm Height of handles (for dips): 112 cm Dimensions of the bench: Total length: 111 cm Length of the backrest: 72 cm Width of the backrest: 31 cm Thickness of the backrest 4 cm Length of the seat: 31 cm Width of the seat: 31 cm Thickness of the seat: 4 cm Height of the seat: 43 cm Push-up supports: Span of the handles: 55.5 cm Diameter of the handle: 33 mm Length of the handle: 11 cm </p>
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21	17-53-509	5907695596212	PWL8325 MULTIFUNCTIONAL PULL UP HMS	0	EUR	187.8	 <p> Material Steel, EVA, PP, wood Dimensions: Length: 181 cm, with the bench folded 132 cm Width: 87 cm Height: 232 cm Dimensions of the bar: Width: 95 cm Diameter of the handle: 30 mm Length of the handle: 11 cm Span of the grips: 76 cm Dimensions of the rails: Length of the entire rail: 57 cm Distance between rails: 60 cm Distance between armrests: 49 cm (inside edge to edge) Dimensions of the armrests: 20 x 10 x 4 cm Diameter of the handle: 30 mm Length of the handle: 11 cm Dimensions of the bench: Total length: 105 cm Length of the backrest: 40 cm Width of the backrest: 30 cm Thickness of the backrest 4 cm Length of the seat: 30 cm Width of the seat: 28 cm Thickness of the seat: 4 cm Height of the seat: 41 cm Push-up supports: Span of the handles: 60 cm Diameter of the handle: 30 mm Length of the handle: 11 cm Bar Length: 120 cm Diameter: 24 mm Diameter of the grip part 25.5 mm No clamps included </p>
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22	17-53-514	5907695553390	DW2708 MULTIFUNCTIONAL GYMNASTIC LADDER HMS	179	EUR	253.7		<p>Material: Q235 + beech wood</p> <p>Overall height: 223 cm</p> <p>Frame height: 205 cm</p> <p>Width of frame: 64 cm</p> <p>Beam length: 80 cm</p> <p>Distance between beams: 19.5 cm</p> <p>Distance of frame from wall: 14.2 cm</p> <p>Total distance from wall: 46 cm</p> <p>Length of elastic: 120 - 400 cm</p> <p>Strap length: 105 - 145 cm</p> <p>Foot support: 34 cm</p> <p>Width of lower bar: 45.5 cm</p> <p>Maximum user weight: 300 kg</p>
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